

Scarica ebook The Anna Karenina Fix: Life Lessons from Russian Literature

By Viv Groskop



Books Details

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Books Descriptions

As Viv Groskop knows from personal experience, everything that has ever happened to a person has already happened in the Russian classics: from not being sure what to do with your life (Anna Karenina), to being hopelessly in love with someone who doesn't love you back (Turgenev's A Month in the Country), or being socially anxious about your appearance (all of Chekhov's work). In *The Anna Karenina Fix*, a sort of literary self-help memoir, Groskop mines these and other works, as well as the lives of their celebrated creators, and her own experiences as a student of Russian, to answer the question "How should you live your life?" This is a charming and fiercely intelligent book, a love letter to Russian literature and an exploration of the answers these writers found to life's questions.

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